

At Main Street Veterinary Service we take a proactive approach to treating and managing diabetic cats with the ultimate goal being remission.

While remission is not always possible, taking the time and making the commitment to treat your cat will at the very least dramatically improve your cats' health, and at best will eliminate his or her need for insulin.

Although this process may seem intimidating at first, *everyone* adjusts and after a short time you'll find you can manage your cat with ease. You may even be surprised to find your cat adjusts more quickly than you do!

We provide:

- In-Person Training
- Daily Consultations
- Customized Treatment

Diabetes Tech Info:

Megan Hamilton

Home: (612) 870-8176

Mobile: (612) 590-2892

E-mail: getcathelp@q.com

This brochure is dedicated to Vinnie – the formerly diabetic cat who has made a difference for many!

Supply List

Here is what you will need:

- Wellness canned cat food (Beef & Chicken, Turkey, and Turkey & Salmon only)
- One Touch Ultra or Ultra Mini Meter
- One Touch Ultra Test Strips
- BD Ultra Fine II Syringes with 5/16" needle, 3/10cc, 31 gauge, ½ unit markings (or equivalent)
- Sharps container (optional)
- Lancets
- Liv-A-Littles freeze dried chicken treats
- Daily planner or calendar template with enough room for some writing
- Food scale (digital is best)
- Gooseneck desk lamp
- Magnifying glass
- A white sock and ½ cup of plain white rice (NOT instant)

Veterinary Info:

Ron Gaskin DVM

Main Street Veterinary Service

Office: (952) 445-5222

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Feline Diabetes

A Healthier Life For Your Cat Is Here



Managing Your Cat's Diabetes

GETTING STARTED

Step 1: A one-hour visit to your home for in-person training.

Before the diabetes tech arrives at your home, you'll need to obtain the items listed on the back of this brochure.

During the visit you'll learn how to set up your testing station, use a glucose meter, test your cat's blood sugar, and measure and inject the insulin.

Choose one spot in your house where you can check your cat's blood sugar every day. Consistency is essential in helping your cat acclimate to this process.

Shaving your cat's ears and injection spots guarantees easier blood testing and injections. We will do this for you so you can confidently home test and inject insulin in the most absorbent area of your cat.

We'll be happy to address any questions or concerns you may have during that time.



THE GLUCOSE CURVE

Step 2: Determining how the particular insulin you're using will work in your cat.

The most difficult part of starting your cat on the road to wellness can also be the most rewarding.

During the first week you will check your cat's blood sugar levels more often than usual to better understand their highs and lows throughout the day and night.

This information is used to tailor the insulin dose for your cat. Daily consultations with our diabetes tech will determine the optimal amount of insulin for your cat.

MAINTENANCE

Step 3: Managing your cat's diabetes.

The hardest part – learning how to test and getting the curve – is over. Now it is time for maintenance.

Remember – Our ultimate goal is to wean your cat off of insulin!

Many people don't know that a cat's pancreas can have as many lives as, well, a cat! This means that it is possible, in many instances, for your cat to "heal" from their diabetes. A lot of this depends on you...if you're ready to commit to the process and follow through, your cat may eventually become insulin free.

HELPFUL HINTS

- If you have an ebay.com account you can find testing strips for about half-price.
- Stay calm when working with your cat. Your cat picks up on your stress and can be affected by it!
- Remember to always warm your cats' ear well before blood testing.
- Make sure your cat has eaten before you give any insulin.
- ALWAYS give your cat a treat right after testing so he or she associates testing with something positive.

Remember - cats are carnivores, not cows

Cats should only eat high protein, low-carb wet food

Give your cats only freeze-dried or cooked *all meat* treats

Cats are not small dogs!

Cats, like people, need regular check-ups
